November 2026 — Life Enrichment Activity Calendar — Stones River Manor Advanced Care Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 8:00 Personal Choice Activity 10:00 **2:00 Church Service in LEC- North Blvd COC** 3:15 Walking Club 6:00 Independent Sunday Night Movie in Your Room	2 8:30 Morning 1:1 Visits 10:00 Personal Choice Activity 2:00 Come Chat with Dietary 3:15 Walking Club 6:00 Independent Monday Night Movie in Your Room	3 8:30 Morning 1:1 Visits 10:00 Personal Choice Activity 2:00 Bingo 3:15 Walking Club 6:00 Independent Tuesday Night Movie in Your Room	4 8:30 Morning 1:1 Visits 10:00 Bible Study **2:00 TN Jewels Perform Special Christmas Program in LEC** 3:00 1:1 Visits/ Mail 6:00 Independent Wednesday Night Movie in Your Room	5 10:00 Morning 1:1 visits 2:00 Smores Extravaganza 3:00 Afternoon Visits/Mail 3:15 Walking Club 6:00 Independent Thursday Night Movie in Your Room	6 10:00 Personal Choice Activity 10:45 Morning Mindfulness **2:00 Tim Lowery and Friends Perform in LEC** 3:15 Walking Club 4:00 Uno Games 6:00 Independent Friday Night Movie in Your Room	7 10:00 Morning 1:1 Visits 10:45 Corn Hole Games **2:00 Stones River Bluegrass Band performs in LEC** 3:15 Walking Club 4:00 Gratitude Paper Chains 6:00 Independent Saturday Night Movie In Your Room
8 10:00 Personal Choice Activity **2:00 Church Service in LEC- Franklin Road COC** 3:15 Walking Club 4:00 Balloon Animals with Paige 6:00 Independent Sunday Night Movie in Your Room	9 8:30 Morning 1:1 Visits **10:30 Special Veterans Day Program in LEC** **2:00 Dean Patrick Performs in LEC** 3:15 Walking Club 6:00 Independent Monday Night Movie in Your Room	10 8:30 Morning 1:1 Visits 10:00 Personal Choice Activity 2:00 Bingo 3:15 Walking Club 6:00 Independent Tuesday Night Movie in Your Room	11 8:30 Morning 1:1 Visits 10:00 Bible Study **2:00 Cooking show with DeAnne in Activity Room** 3:00 1:1 Visits/ Mail 6:00 Independent Wednesday Night Movie in Your Room	12 **10:50 Leave for North Blvd COC Thanksgiving Feast (Must reserve with Ashley by Nov. 5th)** 3:00 Afternoon Visits/Mail 3:15 Walking Club 6:00 Independent Thursday Night Movie in Your Room	13 10:00 Personal Choice Activity 10:45 Chair Yoga **2:00 Billy Tarkington Performs in LEC** 3:15 Walking Club 4:00 Notes of Kindness 6:00 Independent Friday Night Movie in Your Room	14 10:00 Morning 1:1 Visits 10:45 Pass the Pickle 2:00 Cinema Club 3:15 Walking Club 4:00 Military Trivia 6:00 Independent Saturday Night Movie In Your Room
15 10:00 Personal Choice Activity **2:00 Church Service in LEC- East Main COC** 3:15 Walking Club 4:00 Name That Tune 6:00 Independent Sunday Night Movie In Your Room	16 8:30 Morning 1:1 Visits 10:00 Personal Choice Activity **2:00 Chuck Mullins Performs in LEC** 3:15 Walking Club 6:00 Independent Monday Night Movie in Your Room	17 8:30 Morning 1:1 Visits 10:00 Personal Choice Activity 2:00 Bingo 3:15 Walking Club 6:00 Independent Tuesday Night Movie in Your Room	18 8:30 Morning 1:1 Visits 10:00 Bible Study **2:00 Cooking Show with Kim in the Activity Room** 3:00 1:1 Visits/ Mail 6:00 Independent Wednesday Night Movie in Your Room	19 10:00 Morning 1:1 visits 2:00 Resident Council 3:00 Afternoon Visits/Mail 3:15 Walking Club 6:00 Independent Thursday Night Movie in Your Room	20 10:00 Personal Choice Activity 10:45 Turkey Twister **2:00 Bill Sleeter Performs in the LEC** 3:15 Walking Club 4:00 Thankful Turkey Craft 6:00 Independent Friday Night Movie in Your Room	21 10:00 Morning 1:1 Visits **11:00- 1:00 Thanksgiving Feast with Family and Friends (Must Reserve by Nov.13)** 2:00 Puzzle Pals 4:00 Two Truths and One Fib 6:00 Independent Saturday Night Movie In Your Room
22 10:00 Personal Choice Activity **2:00 Church Service in LEC- Salem Creek COC** 3:15 Walking Club 4:00Thanksgiving Jingo 6:00 Independent Sunday Night Movie in Your Room	23 8:30 Morning 1:1 Visits 10:00 Personal Choice Activity **2:00 Turkey Shoot Activity in Assisted Living** 3:15 Walking Club 6:00 Independent Monday Night Movie in Your Room	24 8:30 Morning 1:1 Visits 10:00 Personal Choice Activity 2:00 Bingo 3:15 Walking Club 6:00 Independent Tuesday Night Movie in Your Room	25 8:30 Morning 1:1 Visits 10:00 Bible Study 2:00 History of Thanksgiving 3:00 1:1 Visits/ Mail 6:00 Independent Wednesday Night Movie in Your Room	26 	Black Friday 27 10:00 Personal Choice Activity 10:45 Gourd Hockey 2:00 Cinema Club 3:15 Walking Club 4:00 The Price Is Right 6:00 Independent Friday Night Movie in Your Room	28 10:00 Morning 1:1 Visits 10:45 Snowy Slime Activity 2:00 Win, Lose, or Draw 3:15 Walking Club 4:00 Calming Coloring 6:00 Independent Saturday Night Movie In Your Room
29 10:00 Personal Choice Activity **2:00 Church Service in LEC- Science Hill COC** 3:15 Walking Club 4:00 Faux Stain Glass Art 6:00 Independent Sunday Night Movie in Your Room	30 8:30 Morning 1:1 Visits 10:00 Personal Choice Activity 2:00 Decorate Christmas Tree 3:15 Walking Club/ Pass Out December Activity Calendars 6:00 Independent Monday Night Movie in Your Room	**Activities that are available anytime:** Puzzles, Card Games, Movies, Adult Coloring, and much more!	Have Questions? Call Ashley Ext. 5115 **Activities are subject to change.**	**Movie Channels** Channel 35– ABC Family Channel 42– Lifetime Channel 137– Hallmark Channel 161- Hallmark Movies & Mysteries	MUSIC CHANNELS ON TELIVISION GO FROM CHANNELS 401- 450	