


Stones River Manor Independent/Assisted Living

Life Enrichment Activity Calendar

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|--|--|---|--|
| | | | 1 9:00 Leave for Walmart Activities in Activity Room 9:30 Exercise 10:00 Card Games/Board Games 10:30 Paint Fingernails 2:00 Make a Homemade Coaster | 2 Activities in Activity Room 9:30 Exercise/Strength Training 10:00 Visit with Baby Chicks 10:30 Eggcellent Games 2:00 Bingo | 3 Morning Activities in Activity Room 9:30 Exercise 10:00 Easter Egg Hunt 2:00 Legacy Players Perform in LEC | 4 Morning Activities in Activity Room 9:30 Exercise 10:00 Making Wreaths 2:00 Meet Me at the Gazebo |
| 5 Happy Easter! 2:00 Worship with North Boulevard Church of Christ in LEC NO Bingo with Carl and Friends today due to Easter | 6 All Activities in LEC 9:30 Exercise/Cardio Drumming 10:00 Public Library Comes 10:00 Knitting, Crochet ,and Hobby Hour and Men's Club Meets 2:00 Q&A with Kirk | 7 All Activities in LEC 9:30Exercise/Chair Yoga 10:00 Bingo 2:00 Bible Study with Kirk 3:00 Walking Club | 8 9:00 Leave for Walmart All Activities in Activity Room 9:30 Exercise 10:00 Home School Group comes to Perform and Visit with Residents 10:00 Men's Bible Study in LEC 2:00 Cooking Show with DeAnne | 9 9:00 Voting in the Private Dining Room All Activities in Activity Room 9:30 Exercise/Strength Training 10:00 Bp Checks with Adoration 10:30 Auction with Adoration 2:00 Bingo | 10 Morning Activities in Activity Room 9:30 Exercise 10:00 Volleyball with Balloon 10:30Power of Positivity 2:00 Tropical Cruise Party with MTSU in LEC 6:00 Crescent Singers Come to LEC | 11 9:30 Exercise 10:00 Word Puzzles 2:00 Meet Me at the Pool Table |
| 12 2:00 Worship with Highland Heights Church of Christ in LEC 6:00 North Boulevard Youth Group Comes to Activity Room | 13 All Activities in LEC 9:30 Exercise/Mini Ball Fitness 10:00 Armchair Travel 10:30 Shuffleboard 2:00 Stephen Gervais Performs Magic | 14 All Activities in LEC 9:30 Exercise/Chair Yoga 10:00 Bingo 2:00 Bible Study with Kirk 3:00 Walking Club | 15 9:00 Leave for Walmart All Activities in Activity Room 9:30 Exercise 10:00 Sports Trivia 10:00 Men's Bible Study Meets in LEC 10:30 Mini-Golf 2:00 Cooking Show with Kim | 16 All Activities in Activity Room 9:30 Exercise 10:00 Family Feud 11:00 Out to Lunch Bunch Leaves for MiMi's Cafe 2:00 Bingo | 17 All Morning Activities in Activity Room 9:30 Exercise 10:00 Connect 4/ Senior Challenge 10:30 Bean Bag Twister 2:00 Tony Anderson Performs in LEC | 18 9:30 Exercise 10:00 Spelling Bee 2:00 Ladie's Spring Tea in Dining Room |
| 19 2:00 Worship with East Main Church of Christ in LEC | 20 8:00 Podiatrist Comes to Select Care, Assured Care and Advanced Care All Activities in LEC 9:30 Exercise/Cardio Drumming 10:00 Public Library Comes 10:00 Art4Life 2:00 Chuck Mullins Performs | 21 All Activities in LEC 9:30 Exercise/Chair Yoga 10:00Bingo **2:00 Bible Study with Ralph Richardson** 3:00 Walking Club | 22 9:00 Leave for Walmart All Activities in Activity Room 9:30 Exercise 10:00 You Be the Judge 10:00 Men's Bible Study in LEC 10:30 The Year Was? 2:00 Cooking Show with Shayna | 23 8:00 Podiatrist Comes For Apartments and Phases All Activities in Activity Room 9:30 Exercise/Strength Training 10:00 Brain Games 10:30 Bocce Ball 2:00 Bingo | 24 All Activities in Activity Room 9:30 Exercise/Mini Ball Workout 10:00 Resident Meeting and Pass out Calendars 10:30Watermelon and Chat 2:00 Spring Jingo | 25 9:30 Exercise 10:00 Game of 3's 2:00 Meet Me in the Sunroom |
| 26 2:00 Worship with Kingwood Church of Christ in LEC | 27 All Activities in LEC 9:30 Exercise/Mini Ball Fitness 10:00 Resident Spotlight 10:30 Skip Bo Card Game 2:00 Bill Schneider Performs | 28 All Activities in LEC 9:30 Exercise/Chair Yoga 10:00 Bingo 2:00 Bible Study with Kirk 3:00 Walking Club | 29 All Activities in Activity Room 9:30 Exercise 10:00 Soap Making 2:00 Pamper Your Hands (Free) | 30 All Activities in Activity Room 9:30 Exercise/Strength Training 10:00 Lawn Darts 2:00 Bingo |  | |