

# Stones River Advanced Care Center

# Life Enrichment Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p><b>Activities that are available anytime:</b> Hey Google, Puzzles, card games, movies, and much more Have any Questions Call Ashley Ext. 5115 <b>Activities are subject to change.</b></p>	<p>1 8:30 Morning 1-1 Visits 10:00 Bible Study 2:00 Tissue Flower Making 3:00 1:1 Visits/Mail Call 6:00 Independent Wednesday Night Movie In Your Room</p>	<p>2 10:00 Morning 1:1 Visits 2:00 Fill Easter Eggs and chat 3:00 Afternoon Visits/ Mail 3:15 Walking Club 6:00 Independent Thursday Night Movie In Your Room</p>	<p>3 Good Friday 10:00 Personal Choice Activity 10:30 Easter Egg Hunt <b>2:00 Legacy Players Perform in LEC</b> 4:15 Walking Club/Mail Call 4:45-5:45 Evening Activity/1:1 6:00 Independent Friday Night Movie In Your Room</p>	<p>4 10:00 Morning 1:1 Visits 10:45 Exercise Fun 2:00 Trivia time on the Porch 4:00 Chicken Soup Readings 5:00 Evening Activities/1:1's 6:00 Independent Saturday Night Movie In Your Room</p>
<p>5 10:00 Morning 1:1 Visits 10:45 Exercise Fun <b>2:00 Church Service in Assisted Living Life Enrichment Center- North Blvd COC</b> 5:00 Activities/1:1's 6:00 Independent Sunday Night Movie In Your Room</p>	<p>6 8:30 Morning 1-1 Visits 10:00 Personal Choice Activity 2:00 Bingo 3:15 Walking Club 6:00 Independent Monday Night Movie In Your Room</p>	<p>7 8:30 Morning 1-1 Visits 10:00 Personal Choice Activity 2:00 Flower Making with Laura Savage Part 1 3:00 Afternoon Room Visits 6:00 Independent Tuesday Night Movie In Your Room</p>	<p>8 8:30 Morning 1-1 Visits 10:00 Bible Study <b>2:00 Cooking Show with DeAnne</b> 3:00 1:1 Visits/Mail Call 6:00 Independent Wednesday Night Movie In Your Room</p>	<p>9 10:00 Morning 1:1 Visits <b>10:30 Auction with Adoration in Assisted Living</b> 2:00 Resident Council 3:00 Afternoon Visits/ Mail 3:15 Walking Club 6:00 Independent Thursday Night Movie In Your Room</p>	<p>10 10:00 Personal Choice Activity 10:45 Exercise Fun <b>2:00 Tropical Cruise Party with MTSU in LEC</b> 4:15 Walking Club/Mail Call 6:00 Independent Friday Night Movie In Your Room</p>	<p>11 10:00 Morning 1:1 Visits 10:45 Exercise Fun 2:00 Art Time with Karen 4:00 Nail Time 5:00 Evening Activities/1:1's 6:00 Independent Saturday Night Movie In Your Room</p>
<p>12 10:00 Morning 1:1 Visits 10:45 Exercise Fun <b>2:00 Church Service in Assisted Living Life Enrichment Center- Highland Heights COC</b> 4:00 Game Time with Karen 5:00 Evening Activities/1:1's 6:00 Independent Sunday Night Movie In Your Room</p>	<p>13 8:30 Morning 1-1 Visits 10:00 Personal Choice Activity <b>2:00 Stephen Gervais Performs Magic in Assisted Living</b> 3:15 Walking Club 6:00 Independent Monday Night Movie In Your Room</p>	<p>14 8:30 Morning 1-1 Visits 10:00 Personal Choice Activity 2:00 Flower Making with Laura Savage Part 2 3:00 Afternoon Room Visits 6:00 Independent Tuesday Night Movie In Your Room</p>	<p>15 8:30 Morning 1-1 Visits 10:00 Bible Study <b>2:00 Cooking Show with Kim</b> 3:00 1:1 Visits/Mail Call 6:00 Independent Wednesday Night Movie In Your Room</p>	<p>16 10:00 Morning 1:1 Visits 2:00 BingoTime 3:00 Afternoon Visits/ Mail 3:15 Walking Club 6:00 Independent Thursday Night Movie In Your Room</p>	<p>17 10:00 Personal Choice Activity 10:45 Exercise Fun <b>2:00 Tony Anderson Performs in Assisted Living</b> 4:15 Walking Club/Mail Call 4:45-5:45 Evening Activity/1:1 6:00 Independent Friday Night Movie In Your Room</p>	<p>18 10:00 Morning 1:1 Visits 10:45 Exercise Fun <b>2:00 Ladies Spring Tea in Dining Room</b> 4:00 Bingo 5:00 Evening Activities/1:1's 6:00 Independent Saturday Night Movie In Your Room</p>
<p>19 10:00 Morning 1:1 Visits 10:45 Exercise Fun <b>2:00 Church Service in AL Life Enrichment Center- East Main COC</b> 4:00 Game Time with Karen 5:00 Evening Activities/1:1's 6:00 Independent Sunday Night Movie In Your Room</p>	<p>20 8:30 Morning 1-1 Visits 10:00 Personal Choice Activity <b>2:00 Chuck Mullins Performs in Assisted Living</b> 3:15 Walking Club 6:00 Independent Monday Night Movie In Your Room</p>	<p>21 8:30 Morning 1-1 Visits 10:00 Personal Choice Activity 2:00 Bingo 3:00 Afternoon Room Visits 6:00 Independent Tuesday Night Movie In Your Room</p>	<p>22 8:30 Morning 1-1 Visits 10:00 Bible Study <b>2:00 Cooking Show with Shayna</b> 3:00 1:1 Visits/Mail Call 6:00 Independent Wednesday Night Movie In Your Room</p>	<p>23 10:00 Morning 1:1 Visits 2:00 Dairy Queen Outing (weather depending, limited seating) 3:00 Afternoon Visits/ Mail 3:15 Walking Club 6:00 Independent Thursday Night Movie In Your Room</p>	<p>24 10:00 Personal Choice Activity 10:45 Exercise Fun 2:00 Chair Volleyball with Karen 4:15 Walking Club/Mail Call 4:45-5:45 Evening Activity/1:1 6:00 Independent Friday Night Movie In Your Room</p>	<p>25 10:00 Morning 1:1 Visits 10:45 Exercise Fun 2:00 Chair Yoga in the Courtyard 4:00 Nail Time 5:00 Evening Activities/1:1's 6:00 Independent Saturday Night Movie In Your Room</p>
<p>26 10:00 Morning 1:1 Visits 10:45 Exercise Fun <b>2:00 Church Service in AL Life Enrichment Center- Kingwood COC</b> 4:00 Game Time with Karen 5:00 Evening Activities/1:1's 6:00 Independent Sunday Night Movie In Your Room</p>	<p>27 <b>No Scheduled Activities Today</b> 6:00 Independent Monday Night Movie In Your Room</p>	<p>28 <b>No Scheduled Activities Today</b> 2:00 Flower Making with Laura Savage Part 3 6:00 Independent Tuesday Night Movie In Your Room</p>	<p>29 8:30 Morning 1-1 Visits 10:00 Bible Study <b>2:00 Pamper Your Hands in Assisted Living</b> 3:00 1:1 Visits/Mail Call 6:00 Independent Wednesday Night Movie In Your Room</p>	<p>30 10:00 Morning 1:1 Visits 2:00 Bingo Time 3:00 Afternoon Visits/ Mail 3:15 Walking Club 6:00 Independent Thursday Night Movie In Your Room</p>	<p><b>Movie Channels</b> Channel 35- ABC Family Channel 42- Lifetime Channel 137- Hallmark Channel 161- Hallmark Movies &amp; Mysteries</p>	<p><b>MUSIC CHANNELS ON TELEVISION GO FROM CHANNELS</b></p>