

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>MUSIC CHANNELS ON TELEVISION GO FROM CHANNELS</b></p>	<p><b>Movie Channels</b> Channel 35- ABC Family Channel 42- Lifetime Channel 137- Hallmark Channel 161- Hallmark Movies &amp; Mysteries</p>	<p><b>1 April Fool's Day</b> 8:30 Morning 1-1 Visits 10:00 Personal Choice Activities 10:30 Arthritis Exercise 1:15 Mail Call 1:30/1:45 Bingo 3:00 Afternoon Room Visits 6:00 Independent Tuesday Night Movie In Your Room</p>	<p>2 8:30 Morning 1-1 Visits 10:00 Bible Study 2:00 Trivia in Advanced care sun-room with Visit with Baby Chicks 3:00 1:1 Visits/Mail Call 3:00 Walk and Roll 6:00 Independent Wednesday Night Movie In Your Room</p>	<p><b>3 Grilled Cheese Sandwich Day</b> 10:00 Personal Choice Activities 10:30 Chair Yoga 1:30/1:45 Grilled Cheese Activity 3:00 Afternoon Room Visits/ Mail 6:00 Independent Thursday Night Movie In Your Room</p> 	<p>4 10:00 Personal Choice Activities <b>2:00 MTSU Party in Main Dining Room Crowning Gala</b> 3:00 Afternoon 1:1/Mail Call 5:00/5:45 1:1 Activities 6:00 Independent Friday Night Movie In Your Room</p>	<p>5 Independent/small group activities that are available at anytime: Puzzles, cards, board games, crossword books, word searches, books, magazines, Netflix, and our indoor garden 6:00 Independent Saturday Night Movie In Your Room</p>
<p>6 <b>2:00 Church Service in Main Dining Room - North Blvd COC</b> 6:00 Independent Sunday Night Movie In Your Room</p>	<p>7 8:30 Morning 1-1 Visits 10:00 Personal Choice Act 1:15 Mail Call 1:30/1:45 Fried Green Tomatoes Movie 3:00 Afternoon Room Visits 6:00 Independent Monday Night Movie In Your Room</p> 	<p>8 8:30 Morning 1-1 Visits 10:00 Personal Choice Activities 10:30 Arthritis Exercise 1:15 Mail Call 1:30/1:45 Bingo 3:00 Afternoon Room Visits 6:00 Independent Tuesday Night Movie In Your Room</p>	<p>9 8:30 Morning 1-1 Visits 10:00 Bible Study <b>2:00 Cooking Show in Main Activity Room with Barbara Tidwell</b> 3:00 1:1 Visits/Mail Call 3:00 Walk and Roll 6:00 Independent Wednesday Night Movie In Your Room</p>	<p>10 10:00 Personal Choice Activities <b>10:30 Auction with Adoration in main Activity Room</b> 1:30/1:45 Resident Council 3:00 Afternoon Room Visits/ Mail 6:00 Independent Thursday Night Movie In Your Room</p>	<p>11 10:00 Personal Choice Activities <b>2:00 MTSU Party in Main Dining Room- ParTea Time</b> 3:00 Afternoon 1:1/Mail Call 5:00/5:45 1:1 Activities 6:00 Independent Friday Night Movie In Your Room</p>	<p>12 Independent/small group activities that are available at anytime: Puzzles, cards, board games, crossword books, word searches, books, magazines, Netflix, and our indoor garden <b>2:00 Ladies Tea in Main Dining Room</b> 6:00 Independent Saturday Night Movie In Your Room</p>
<p>13 <b>2:00 Church Service in Main Dining Room - Highland Heights COC</b> 6:00 Independent Sunday Night Movie In Your Room</p>	<p>14 8:30 Morning 1-1 Visits <b>10:00 Science with Heather Lambert In Main Activity Room</b> 1:15 Mail Call <b>2:00 Lance Harvill performs in Main Dining Room</b> 3:00 Afternoon Room Visits 6:00 Independent Monday Night Movie In Your Room</p>	<p><b>15 Titanic Remembrance Day</b> 8:30 Morning 1-1 Visits 10:00 Personal Choice Activities 10:30 Arthritis Exercise 1:15 Mail Call 1:30/1:45 Bingo 3:00 Afternoon Room Visits 6:00 Independent Tuesday Night Movie In Your Room</p> 	<p>16 8:30 Morning 1-1 Visits 10:00 Bible Study <b>2:00 Legacy Players Performs a Special Play in the Main Dining Room</b> 3:00 1:1 Visits/Mail Call 3:00 Walk and Roll 6:00 Independent Wednesday Night Movie In Your Room</p>	<p>17 10:00 Personal Choice Activities 10:30 Chair Yoga 1:30/1:45 Fill Easter Eggs 3:00 Afternoon Room Visits/ Mail 6:00 Independent Thursday Night Movie In Your Room</p> 	<p><b>18 Good Friday</b> <b>10:00 Easter Egg Hunt/ Easter Bonnet Parade</b> <b>2:00 Bill Sneider Performs In Main Dining Room</b> 3:00 Afternoon 1:1/Mail Call 5:00/5:45 1:1 Activities 6:00 Independent Friday Night Movie In Your Room</p> 	<p>19 Independent/small group activities that are available at anytime: Puzzles, cards, board games, crossword books, word searches, books, magazines, Netflix, and our indoor garden 6:00 Independent Saturday Night Movie In Your Room</p>
<p>20 <b>2:00 Church Service in Main Dining Room - East Main COC</b> 6:00 Independent Sunday Night Movie In Your Room</p> 	<p>21 8:30 Morning 1-1 Visits <b>10:00 Science with Heather Lambert In Main Activity Room</b> 1:15 Mail Call <b>2:00 Singing Mayor in Main Dining Room</b> 3:00 Afternoon Room Visits 6:00 Independent Monday Night Movie In Your Room</p>	<p><b>22 National Jelly Bean Day</b> 8:30 Morning 1-1 Visits 10:00 Personal Choice Activities 10:30 Arthritis Exercise 1:15 Mail Call 1:30/1:45 Bingo 3:00 Afternoon Room Visits 6:00 Independent Tuesday Night Movie In Your Room</p> 	<p>23 8:30 Morning 1-1 Visits 10:00 Bible Study <b>2:00 Cooking Show with Kim in Main Activity Room</b> 3:00 1:1 Visits/Mail Call 3:00 Walk and Roll 6:00 Independent Wednesday Night Movie In Your Room</p>	<p>24 10:00 Personal Choice Activities <b>10:30-1:45 Picnic in Park "Limited Seating" -Weather Depending</b> 3:00 Afternoon Room Visits/ Mail 6:00 Independent Thursday Night Movie In Your Room</p>	<p>25 10:00 one on one Activities <b>2:00 Painting with Shannon in private Dining Room</b> 3:00 Afternoon 1:1/Mail Call 5:00/5:45 1:1 Activities <b>6:00 Crescent Singers Perform in the Main Dining Room</b> 6:00 Independent Friday Night Movie In Your Room</p>	<p>26 Independent/small group activities that are available at anytime: Puzzles, cards, board games, crossword books, word searches, books, magazines, Netflix, and our indoor garden 6:00 Independent Saturday Night Movie In Your Room</p>
<p>27 <b>2:00 Church Service in Main Dining Room - Kingwood COC</b> 6:00 Independent Sunday Night Movie In Your Room</p>	<p>28 8:30 Morning 1-1 Visits 10:00 Personal Choice Activity 1:15 Mail Call <b>2:00 Knitting and Crocheting in Main Activity Room</b> 3:00 Afternoon Room Visits 6:00 Independent Monday Night Movie In Your Room</p>	<p>29 8:30 Morning 1-1 Visits 10:00 Personal Choice Activities 10:30 Arthritis Exercise 1:15 Mail Call 1:30/1:45 Bingo 3:00 Afternoon Room Visits 6:00 Independent Tuesday Night Movie In Your Room</p>	<p>30 8:30 Morning 1-1 Visits 10:00 Bible Study <b>2:00 Pamper Your Hands in Main Activity Room</b> 3:00 1:1 Visits/Mail Call/ Pass Out Life Enrichment Activity Calendars for May 6:00 Independent Wednesday Night Movie In Your Room</p>	 <p><b>HAPPY Easter</b></p>		<p><b>Activities that are available anytime:</b> Hey Google, Puzzles, card games, movies, and much more Have any Questions Call Ashley Ext. 5115 <b>Activities are subject to change.</b></p>