

Stones River Manor

Advanced Care Center

Life Enrichment Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>Activities that are available anytime: Puzzles, Card Games, Movies, Adult Coloring, and much more! Have Questions? Call Ashley Ext. 5115 Activities are subject to change.</p>	<p><u>Movie Channels</u> Channel 35– ABC Family Channel 42– Lifetime Channel 137– Hallmark Channel 161- Hallmark Movies & Mysteries</p>	<p>MUSIC CHANNELS ON TELEVISION GO FROM CHANNELS 401- 450</p>	<p>Social Worker Month <i>Thank you Elicia and Kristin for all that you do for us.</i></p>	<p>1 10:30 Exercise with a Twist 1:15 Mail Call 1:30/1:45 Bingo 5:00/5:45 1:1 activities/talk in dining room 6:00 Independent Saturday Night Movie In Your Room</p>
<p>2 10:00 Morning 1-1 Visits 1:00 Mail Call/ 1:1 2:00 Church Service in Main Dining Room – North Blvd COC 4:00 March Trivia/Shamrock Painting 5:00 1:1 activities/talk in D.R. 6:00 Independent Sunday Night Movie In Your Room</p>	<p>3 8:30 Morning 1-1 Visits 10:00 Personal Choice Activity 1:15 Mail Call 1:30/1:45 Card Games 3:00 Afternoon Room Visits 6:00 Independent Monday Night Movie In Your Room</p>	<p>4 8:30 Morning 1-1 Visits 10:00 Personal Choice Activities 10:30 Arthritis Exercise 1:15 Mail Call 1:30/1:45 Bingo 3:00 Afternoon Room Visits 6:00 Independent Tuesday Night Movie In Your Room</p>	<p>5 8:30 Morning 1-1 Visits 10:00 Bible Study 2:00 Cooking Show with Roxy in Main Activity Room 3:00 1:1 Visits/Mail Call 3:00 Walk and Roll 6:00 Independent Wednesday Night Movie In Your Room</p>	<p>6 National Oreo Cookie Day 10:00 Personal Choice Activities 10:30 Chair Yoga 1:30/1:45 Taste Testing Oreos 3:00 Afternoon Room Visits/ Mail 6:00 Independent Thursday Night Movie In Your Room</p> 	<p>7 10:00 Personal Choice Activities 2:00 Auction with Adoration in Main Activity Room 3:00 Afternoon 1:1/Mail Call 5:00/5:45 1:1 Activities 6:00 Independent Friday Night Movie In Your Room</p>	<p>8 10:30 Exercise with a Twist 1:15 Mail Call 1:30/1:45 Rock Painting 5:00/5:45 1:1 activities/talk in dining room 6:00 Independent Saturday Night Movie In Your Room</p>
<p>9 10:00 Morning 1-1 Visits 1:00 Mail Call/ 1:1 2:00 Church Service in Main Dining Room – Smyrna COC 4:00 Racko Games 5:00 1:1 activities/talk in D.R. 6:00 Independent Sunday Night Movie In Your Room</p>	<p>10 8:30 Morning 1-1 Visits 10:00 Personal Choice Activity 1:15 Mail Call 1:30/1:45 Gold Rush Extravaganza 3:00 Afternoon Room Visits 6:00 Independent Monday Night Movie In Your Room</p>	<p>11 8:30 Morning 1-1 Visits 10:00 Personal Choice Activities 10:30 Arthritis Exercise 1:15 Mail Call 1:30/1:45 Bingo 3:00 Afternoon Room Visits 6:00 Independent Tuesday Night Movie In Your Room</p>	<p>12 National Potato Chip Day 8:30 Morning 1-1 Visits 10:00 Bible Study 2:00 Potato Chip Party  3:00 1:1 Visits/Mail Call 3:00 Walk and Roll 6:00 Independent Wednesday Night Movie In Your Room</p>	<p>13 10:00 Personal Choice Activities 10:30 Chair Yoga 1:30/1:45 Resident Council 3:00 Afternoon Room Visits/ Mail 6:00 Independent Thursday Night Movie In Your Room</p>	<p>14 10:00 Personal Choice Activities 2:00 Al Mahan Performs in the Main Dining Room 3:00 Afternoon 1:1/Mail Call 5:00/5:45 1:1 Activities 6:00 Independent Friday Night Movie In Your Room</p>	<p>15 10:30 Exercise with a Twist 1:15 Mail Call 2:00 Rigbys Perform in the Main Dining Room 5:00/5:45 1:1 activities/talk in dining room 6:00 Independent Saturday Night Movie In Your Room</p>
<p>16 10:00 Morning 1-1 Visits 1:00 Mail Call/ 1:1 2:00 Church Service in Main Dining Room – Crescent COC 4:00 St. Patty Day Word Search 5:00 1:1 activities/talk in D.R. 6:00 Independent Sunday Night Movie In Your Room</p>	<p>17 No Activities Today Work on Activity Packet 2:00 Mickey Harris and Friends Perform in the Dining Room</p>	<p>18 8:30 Morning 1-1 Visits 10:00 Personal Choice Activities 10:30 Arthritis Exercise 1:15 Mail Call 1:30/1:45 Bingo 3:00 Afternoon Room Visits 6:00 Independent Tuesday Night Movie In Your Room</p>	<p>19 8:30 Morning 1-1 Visits 10:00 Bible Study 2:00 Pamper Your Feet in Main Activity Room 3:00 1:1 Visits/Mail Call 3:00 Walk and Roll 6:00 Independent Wednesday Night Movie In Your Room</p>	<p>20 10:00 Personal Choice Activities 10:30 Chair Yoga 1:30/1:45 Surprise Outing 3:00 Afternoon Room Visits/ Mail 6:00 Independent Thursday Night Movie In Your Room</p>	<p>21 10:00 Personal Choice Activities 2:00 MTSU Slumber Party in Main Dining Room 3:00 Afternoon 1:1/Mail Call 5:00/5:45 1:1 Activities 6:00 Independent Friday Night Movie In Your Room</p>	<p>22 10:30 Exercise with a Twist 1:15 Mail Call 1:30/1:45 Pamper your Hands 5:00/5:45 1:1 activities/talk in dining room 6:00 Independent Saturday Night Movie In Your Room</p>
<p>23 10:00 Morning 1-1 Visits 1:00 Mail Call/ 1:1 2:00 Church Service in Main Dining Room – Kingwood COC 4:00 Tic Tac Toe 5:00 1:1 activities/talk in D.R. 6:00 Independent Sunday Night</p>	<p>24 8:30 Morning 1-1 Visits 10:00 Personal Choice Activity 1:15 Mail Call 2:00 Steve Gervais Performs Magic in the Dining Room 3:00 Afternoon Room Visits 6:00 Independent Monday Night Movie In Your Room</p>	<p>25 8:30 Morning 1-1 Visits  10:00 Personal Choice Activities 10:30 Arthritis Exercise 1:15 Mail Call 1:30/1:45 National Waffle Day 3:00 Afternoon Room Visits 6:00 Independent Tuesday Night Movie In Your Room</p>	<p>26 8:30 Morning 1-1 Visits 10:00 Bible Study 2:00 Cooking Show with Kim in Main Activity Room 3:00 1:1 Visits/Mail Call 3:00 Walk and Roll 6:00 Independent Wednesday Night Movie In Your Room</p>	<p>27 10:00 Personal Choice Activities 10:30 Chair Yoga 1:30/1:45 March Trivia PowerPoint Fun 3:00 Afternoon Room Visits/ Mail 6:00 Independent Thursday Night Movie In Your Room</p>	<p>28 10:00 Personal Choice Activities 2:00 MTSU Catching Waves Party In Main Dining Room 3:00 Afternoon 1:1/Mail Call 5:00/5:45 1:1 Activities 6:00 Independent Friday Night Movie In Your Room</p>	<p>29 10:30 Exercise with a Twist 1:15 Mail Call 1:30/1:45 Penny Hopscotch 5:00/5:45 1:1 activities/talk in dining room 6:00 Independent Saturday Night Movie In Your Room</p>
<p>30 10:00 Morning 1-1 Visits 1:00 Mail Call/ 1:1 2:00 Church Service in Main Dining Room – Science Hill COC 4:00 Bracelet making 5:00 1:1 activities/talk in D.R. 6:00 Independent Sunday Night Movie In Your Room</p>	<p>31 8:30 Morning 1-1 Visits 10:00 Personal Choice Activity 1:15 Mail Call/ Pass out Life Enrichment Activity Calendar for April 1:30/1:45 Anne with and E 3:00 Afternoon Room Visits 6:00 Independent Monday Night Movie In Your Room</p>					