Stones River Manor

Advanced Care Life Enrichment Calendar

	Stones River N	lanor	Advanced Care Life Enrichment Calendar			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Activities that are available anytime: Puzzles, card games, movies Have any Questions Call Ashley Ext. 5115 Activities are subject to change.	9:30 Psalms For Women Reading 10:00 Arthritis Exercise 10:30 Funny Jokes for National	2 8:30 Morning 1-1 Visits 10:00 Chair Yoga 10:30 Bingo with Friends 1:45 Mail Call 2:00 Popsicle Activity 3:00 Afternoon Room Visits	3 8:30 Morning 1-1 Visits 10:00 Exercise 10:30 Think Fast 1:45 Mail Call 2:00 Penny Hopscotch 3:00 Afternoon Room Visits ***Don't forget to Water Elder- grow Garden Today***
Work on July 4th Activity Packet!!!!	8:30 Morning 1-1 Visits 10:00 Exercise Time 10:30 Senior Sez 1:45 Mail Call 2:00 Checkers 3:00 Afternoon Room Visits	6 8:30 Morning 1-1 Visits 10:00 Exercise 10:30 Friendship Garden 1:45 Mail Call 2:00 Chair Yoga 2:30 Penny Hopscotch 3:00 Afternoon Room Visits	7 8:30 Morning 1-1 Visits 1:45 Mail Call 2:00 Exercise 2:30 Salem Creek Devotional 3:00 Afternoon Room Visits	9:30 Psalms For Women Reading 10:00 Arthritis Exercise 10:30 Hymn Singing	9 8:30 Morning 1-1 Visits 10:00 Chair Yoga 10:30 Bingo with Friends 1:45 Mail Call 2:00 Where The Red Fern Grows	10 8:30 Morning 1-1 Visits 10:00 Exercise 10:30 Hymn Singing 1:45 Mail Call 2:00 Adult Coloring 3:00 Afternoon Room Visits ***Don't forget to Water Eldergrow Garden Today***
11 8:30 Morning Room Visits 10:00 Salem Creek Church of Christ in Dinning Room On YouTube 1:45 Mail Call 2:00 Exercise 2:30 Ring Toss 3:00 Afternoon Room Visits	8:30 Morning 1-1 Visits 10:00 Exercise Time 10:30 Find A Word 1:45 Mail Call 2:00 Corn Hole 3:00 Afternoon Room Visits	13 8:30 Morning 1-1 Visits 10:00 Exercise 10:30 Friendship Garden 1:45 Mail Call 2:00 Chair Yoga 2:30 Penny Hopscotch 3:00 Afternoon Room Visits	14 8:30 Morning 1-1 Visits 1:45 Mail Call 2:00 Exercise 2:30 East Main Devotional 3:00 Afternoon Room Visits	I —	16 8:30 Morning 1-1 Visits 10:00 Chair Yoga 10:30 Bingo with Friends 1:45 Mail Call 2:00 Fried Baloney Sandwich Day 3:00 Afternoon Room Visits	17 8:30 Morning 1-1 Visits 10:00 Exercise 10:30 Reading/ Book Adventure 1:45 Mail Call 2:00 Scrapbooking 3:00 Afternoon Room Visits ***Don't forget to Water Elder- grow Garden Today***
18 8:30 Morning Room Visits 10:00 Kingwood Church of Christ in Dinning Room On YouTube 1:45 Mail Call 2:00 Exercise 2:30 Nails Day 3:00 Afternoon Room Visits	19 8:30 Morning 1-1 Visits 10:00 Exercise Time 10:30 Conversation Cards 1:45 Mail Call 2:00 Snow Cones Party 3:00 Afternoon Room Visits	8:30 Morning 1-1 Visits 10:00 Exercise 10:30 Friendship Garden 1:45 Mail Call 2:00 Chair Yoga 2:30 Penny Hopscotch 3:00 Afternoon Room Visits	21 8:30 Morning 1-1 Visits 1:45 Mail Call 2:00 Exercise 2:30 Salem Creek Devotional 3:00 Afternoon Room Visits	9:30 Psalms For Women Reading 10:00 Arthritis Exercise 10:30 Smokey Mountains Hymns	2:00 Watermelon Extravaganza	24 8:30 Morning 1-1 Visits 10:00 Exercise 10:30 Chicken Soup/ Stone So 1:45 Mail Call 2:00 Gardening Time 3:00 Afternoon Room Visits ***Don't forget to Water Elder- grow Garden Today***
8:30 Morning Room Visits 10:00 East Main Church of Christ in Dinning Room On YouTube 1:45 Mail Call 2:00 Movie and Popcorn 3:00 Afternoon Room Visits	8:30 Morning 1-1 Visits 10:00 Exercise Time 10:30 Hymn Singing 1:45 Mail Call 2:00 Ring Toss 3:00 Afternoon Room Visits	27 8:30 Morning 1-1 Visits 10:00 Exercise 10:30 Friendship Garden 1:45 Mail Call 2:00 Chair Yoga 2:30 Penny Hopscotch 3:00 Afternoon Room Visits	28 8:30 Morning 1-1 Visits 1:45 Mail Call 2:00 Exercise 2:30 Kingwood Devotional 3:00 Afternoon Room Visits CHURCH OF CHRIST FOR GOD FOR OTHERS	_	30 8:30 Morning 1-1 Visits 10:00 Chair Yoga 10:30 Bingo with Friends 1:45 Mail Call 2:00 Bracelet Making 3:00 Afternoon Room Visits	31 8:30 Morning 1-1 Visits 10:00 Exercise 10:30 Build A Word 1:45 Mail Call 2:00 Let's Get Crafty 3:00 Afternoon Room Visits ***Don't forget to Water Eldergrow Garden Today***