


Assisted Living Life Enrichment Calendar

September 2020

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | |
|---|--|--|--|--|---|---|--|
| <p>Questions? Contact Shannon and the Life Enrichment Team at 5125</p> | | <p>1 9:30/1:30 Exercise 10:00/2:00 Resident Meeting/New Calendars 10:30/2:30 Bible Study with Kirk</p> | <p>2 9:30/1:30 Exercise 10:00/2:00 Cooking Show with Charlene: Chicken Waldorf Salad Bites</p> | <p>3 9:30/1:30 Exercise 10:00/2:00 Bingo</p> | <p>4 9:30/1:30 Exercise 10:00/2:00 Homemade Ice Cream Crank-a-thon! (Try the Flavors and Vote for Your Favorite!)</p> | <p>5 9:30 Exercise 10:00 Pictionary 10:30 You Be the Judge</p> | |
| | <p>6 1:30 Exercise 2:00 Pictionary 2:30 You Be the Judge</p> | <p>7 9:30/1:30 Exercise 10:00/2:00 Would you Rather? 10:30/2:30 What's the Buzz?</p> | <p>8 9:30/1:30 Exercise 10:00/2:00 History Remembered 10:30/2:30 Bible Study with Kirk</p> | <p>9 9:30/1:30 Exercise 10:00/2:00 Cooking Show with Emilee: Tollhouse Pie</p> | <p>10 9:30/1:30 Exercise 10:00/2:00 Bingo</p> | <p>11 9:30/1:30 Exercise 10:00/2:00 Peanut Auction Game!</p> | <p>12 9:30 Exercise 10:00 Wheel of Fortune 10:30 Zumba</p> |
| | <p>13 1:30 Exercise 2:00 Wheel of Fortune 2:30 Zumba</p> | <p>14 9:30/1:30 Exercise 10:00/2:00 Word Games 10:30/2:30 "Three of the Same" Trivia</p> | <p>15 9:30/1:30 Exercise 10:00/2:00 Old Wives Tales 10:30/2:30 Bible Study with Kirk</p> | <p>16 9:30/1:30 Exercise 10:00/2:00 Cooking Show with Mike Gann: Award Winning Carrot Cake</p> | <p>17 9:30/1:30 Exercise 10:00/2:00 Bingo</p> | <p>18 9:30/1:30 Exercise 10:00/2:00 MTSU Led Party in Activity Room</p> | <p>19 9:30 Exercise 10:00 Headbandz 10:30 Bowling</p> |
| | <p>20 1:30 Exercise 2:00 Headbandz 2:30 Bowling</p> | <p>21 9:30/1:30 Exercise 10:00/2:00 Show and Tell 10:30/2:30 Sweet Memories</p> | <p>22 9:30/1:30 Exercise 10:00/2:00 Jeopardy 10:30/2:30 Bible Study with Kirk</p> | <p>23 9:30/1:30 Exercise 10:00/2:00 Cooking Show with Emilee: Homemade Pizza</p> | <p>24 9:30/1:30 Exercise 10:00/2:00 Bingo</p> | <p>25 9:30/1:30 Exercise 10:00/2:00 MTSU Led Party in the Activity Room</p> | <p>26 9:30 Exercise 10:00 Team Trivia 10:30 Shuffleboard</p> |
| | <p>27 1:30 Exercise 2:00 Team Trivia 2:30 Shuffleboard</p> | <p>28 9:30/1:30 Exercise 10:00/2:00 Senior Science</p> | <p>29 9:30/1:30 Exercise 10:00/2:00 Name That Tune 10:30/2:30 Bible Study with Kirk</p> | <p>30 9:30/1:30 Exercise 10:00/2:00 Cooking Show with Charlene: Ham and Cheddar Roll Ups</p> |  | | |