




# Life Enrichment Calendar

# May 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 9:30 Balance Class 10:00 Exercise 10:30 Banjo w/Bob 1:30 Bingo 2:30 Jingo No Bible Study Today	2 9:00 Wal-Mart 10:00 Mickey Harris & Friends 2:00 Residents Tour The Advance Care Center 6:15 Salem Creek	3 9:30 Thursday Morning Devo 10:15 Exercise 10:45 Welcome Wagon <b>Advanced Care Center &amp; Assured Care Center OPEN HOUSE 3:00—6:00</b>	4 9:30 Hey Google 10:00 Arthritis Exercise 10:30 May Word Pictures 2:00 Cuatro De Mayo	5 10:00 Exercise 10:30 Noodle Ball 1:30 Just for Fun Bingo 6:15 Walter Hill Youth Group Hymnal Singing
6 9:30 North Blvd. Church of Christ	7 9:30 Healthy Learning Video "Core Strength & Neutral Posture" 10:00 Video Exercise "Chair Plates" 10:30 Nursery Rhyme 2:00 Skin Care Beauty Makeover w/Mary Creech SPRING CLEANING DAY BY DAY "Clean Out A Drawer"	8 9:30 Balance Class 10:00 Exercise 10:30 Hymnal Workshop 1:30 Bingo 3:00 Bible Study w/Kirk  SPRING CLEANING DAY BY DAY "Clean Out a Closet"	9 9:00 Wal-Mart 10:00 Arthritis Exercise 10:30 Blood Pressure Checks w/Adoration 2:00 Carla Gill in Dining Room 6:15 Bethlehem SPRING CLEANING DAY BY DAY "Clean Out Bathroom Cabinet"	10 9:30 Thursday Morning Devo 10:15 Video Exercise "Chair Yoga" 1:30 Bingo 3:00 History Remembered w/ Residents SPRING CLEANING DAY BY DAY "Clean Out Unwanted Clothes/Shoes"	11 10:00 Ross Moore Entertainment 2:00 A Walk Down Memory Lane  SPRING CLEANING DAY BY DAY "Catch Up Cleaning Day"	12 10:00 Exercise 10:30 Belles & Beaux 1:30 Just for Fun Bingo
13 2:00 Franklin Road Church of Christ 6:15 North Blvd. Church of Christ  	14 8:00 Outing "Let's Go Fishing" With Lunch at "Sonic" 2:00 Q & A w/Kirk	15 9:30 Balance Class 10:00 Exercise 10:30 Humor w/Bob 1:30 Peanut Auction w/Adoration 3:00 Bible Study w/Kirk <b>Podiatrist Here "Assured Care Center &amp; Apartments"</b>	16 9:00 Wal-Mart 10:00 Arthritis Exercise 10:30 Ladder Golf 2:00 Cooking Show w/Cindy 6:15 Kingwood	17 9:30 Thursday Morning Devo 10:15 Video Exercise "Tai Chi" 1:30 Bingo 2:30 Jingo	18 9:30 Vinyl Records 10:00 Arthritis Exercise 10:30 Who Am I? 2:00 Spread Your Wings & Fly "Butterfly Release"	19 10:00 Exercise 10:30 Shake Loose A Memory 1:30 Just for Fun Bingo
20 2:00 East Main Church of Christ	21 HOMECOMING WEEK 9:30 Vinyl Record Days 10:00 Arthritis Exercise 10:30 Poems about America 2:00 E. J. Rider Band	22 HOMECOMING WEEK 9:30 Balance Class 10:00 Exercise 10:30 Patriotic Music w/Bob 1:30 USA Jingo 3:00 Bible Study w/Kirk  <b>Podiatrist Here "Phase I &amp; Phase II"</b>	23 HOMECOMING WEEK 9:00 Wal-Mart 10:00 Arthritis Exercise 10:30 Scrapbooking Cards for Veterans' Home 2:00 Cooking w/Ashley 6:15 Lascassas	24 HOMECOMING WEEK 9:30 Thursday Morning Devo 10:15 Video Exercise "Stars & Stripes Fitnessize" 1:30 Afternoon Out for Ice Cream "Dairy Queen"	25 HOMECOMING WEEK 9:30 Hey Google 10:00 Arthritis Exercise 10:30 Honoring Heroes 2:00 Memorial Day: Reflection, Revelry, Relaxation	26 10:00 Exercise 10:30 What's That Thing? 1:30 Visit to "The Healing Fields"
27 10:30 Kingwood Church of Christ	28   <b>Resident Lead Activities:</b> *Activity Packet Can Be Pick-Up In Activity Room *Puzzle In Library *Checkers in Activity Room *Walking Around the Manor	29 9:30 Balance Class 10:00 Exercise 10:30 Songs of John Denver w/ Bob 1:30 Bingo 3:00 Bible Study w/Kirk	30 9:00 Wal-Mart 10:00 Arthritis Exercise 10:30 National Trivia Day 2:00 Pamper Your Hands 6:15 Walter Hill	31 9:30 Thursday Morning Devo 10:15 Video Exercise "Lower Body & Core Strength" 1:30 Resident's Meeting for June 2:00 Movie & Popcorn	